



NATIONAL SENIOR CERTIFICATE EXAMINATION
NOVEMBER 2015

DANCE STUDIES

Time: 3 hours

150 marks

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY

Please answer Section B first. Listen to the music on the CD, and answer the questions.

1. This question paper consists of 11 pages. Please check that your question paper is complete.
 2. Read the questions carefully.
 3. Number your answers exactly as the questions are numbered in the question paper.
 4. You are required to answer **all** the questions.
 5. All answers must be in essay/paragraph format unless otherwise stated.
 6. Begin each section on a new page.
 7. Leave a line open after each answer.
 8. It is in your own interest to write neatly and legibly.
 9. Credit will be given (where appropriate) for:
 - interpretation and explanation.
 - evidence of personal observation and understanding.
 10. You may choose to stand up and move your body at your desk for some anatomy questions.
 11. Please use the voice label for each music track to determine which track needs to be listened to for each question.
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SECTION A DANCE HISTORY**QUESTION 1**

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Veronica Paeper	<i>Orpheus in the Underworld</i>
Alfred Hinkel	<i>Last Dance (Bolero) or Cargo</i>
Sylvia Glasser	<i>Tranceformations</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Carolyn Holden	<i>Imagenes/Blood Wedding</i>
Gregory Maqoma	<i>Four Seasons</i>

Write a letter to a friend in another country whom you met on a dance exchange programme at your school. Share with him/her your knowledge of a South African choreographer's work from the above list who will be travelling to his/her hometown to perform.

Your letter must include the following information:

- Synopsis/Intent: Give a brief description of the synopsis/intent of the work. (3)
 - Production elements: How do the production elements contribute to the dance work and enhance the theme/intent? Give specific examples from the dance work and substantiate your answers. (10)
 - Movement vocabulary: Analyse and give a detailed description of the movement vocabulary used in the dance work. (5)
 - Conclusion: Give your well-supported opinion of the dance work. (2)
- [20]**

THE MARKING RUBRIC BELOW IS GIVEN TO GUIDE YOUR ANSWER.

7 (20 – 16 marks)	The candidate's response is insightful, accurate and well planned. He/she includes detailed information on the synopsis/intent and discusses the dance fully in terms of movement and production elements. All information is clearly and convincingly substantiated in a format of a letter.
6 (15 – 14 marks)	The candidate's response is good, showing insight, accuracy and good planning. He/she includes valuable information on the synopsis/intent and discusses the dance fully in terms of movement and production elements. All information is clear and substantiated in a format of a letter.
5 – 4 (13 – 12 marks)	The candidate's response is fair but is lacking in insight and accuracy. He/she includes some information on the use of movement and production elements. The information lacks clear substantiation.
3 (11 – 10 marks)	The candidate's response shows some knowledge of the facts but lacks insight and limited/insufficient substantiation. He/she includes very little information on the use of movement and production elements and hardly any detail.
2 (9 – 7 marks)	The candidate's response is weak, showing very little insight and accuracy. The information on the use of movement and production elements and all information lack detail and substantiation.
1 (6 – 0 marks)	The candidate has failed to give an adequate answer to the question.

QUESTION 2

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
George Balanchine	<i>Apollo or Agon</i>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Appalachian Spring or Lamentation</i>
Christopher Bruce	<i>Ghost Dances</i>
Sir Kenneth Macmillan	<i>Romeo and Juliet</i>
Vaslav Nijinsky	<i>Le Sacre du Printemps</i>

Select ONE of the International choreographers from the prescribed list above.

Prepare a speech for your dance class and include the following information:

- The introduction to your speech needs to include the name of the choreographer and the dance work you have selected. (6)
- Give a biographical overview of the choreographer. (8)
- Discuss the artistic, collaborative, as well as socio-political (if relevant) influences of the choreographer. (4)
- What dance style was used in his/her choreography and why did he/she use this specific style? Give examples. (2)
- Conclude your speech by outlining the main contribution this choreographer has made to the world of dance. [20]

THE MARKING RUBRIC BELOW IS GIVEN TO GUIDE YOUR ANSWER.

Levels	Criteria
7 (20 – 16 marks)	The candidate's response in their speech is mostly clear, insightful and accurate. He/she gives detailed information on the background, inspirations and influences. He/she discusses the ideas behind dance style fully and is able to substantiate clearly and convincingly why the choreographer used this dance style.
6 (15 – 14 marks)	The candidate's response in their speech is good, showing some insight and accuracy. He/she includes good information on the background, inspirations and influences, giving good insight into why the choreographer used this dance style.
5 – 4 (13 – 12 marks)	The candidate's response in their speech is fair but is lacking in insight and accuracy. He/she includes some information on the background, inspirations and influences giving adequate insight into how the choreographer used this dance style.
3 (11 – 10 marks)	The candidate's response in their speech shows some knowledge of the facts but lacks insight and substantiation. He/she includes very little information on the background, inspirations and influences and provides little insight into how the choreographer used this dance style.
2 (9 – 7 marks)	The candidate's response in their speech is weak, showing very little insight and accuracy. The information on the background, inspirations and influences and on how the choreographer used this dance style lacks detail and substantiation.
1 (6 – 0 marks)	The candidate has failed to give an adequate answer to the question.

QUESTION 3

In your Matric year you have kept a detailed journal to record your reflection of your choreographic process. Write the following as journal entry.

Describe how you would use the picture below as a stimulus/inspiration for your choreography. Include in your discussion how you would translate the intention of your choreography into movement.



[Source: <www.pinterest.com>]

[8]

QUESTION 4

You have been asked by your School Principal to write a section for a Dance Studies text book for the Grade 9 learners on the movement genre/style you have selected for your choreographic work this year.

In this section you need to include the following:

- Brief history of this dance genre. (4)
- Discuss and define at least FOUR principles of your chosen dance genre. (8)

[12]

60 marks

SECTION B MUSIC

The CD comprises of four tracks. Listen to all the tracks and answer the following questions.

QUESTION 5

Track 1

- 5.1 Give the time signature of Track 1. (1)
- 5.2 Identify the music genre and the dance style most suited to this genre. (2)
- 5.3 Using the Italian terms you have studied, choose **FOUR** suitable Italian terms to describe the music track. (4)
- [7]**

QUESTION 6

Track 2

- 6.1 Give the time signature of Track 2. (1)
- 6.2 Discuss the type of movements that would best suit this genre of music. (3)
- [4]**

QUESTION 7

Tracks 3 and 4

- 7.1 Identify the two time signatures. (2)
- 7.2 List the **FOUR** musical instrumentation categories used in a full orchestra. (4)
- [6]**

QUESTION 8

Below is a list of musical elements. Choose **FOUR** and give a definition of each.

- Harmony
- Dynamics
- Tempo
- Timbre
- Melody and Texture
- Form and Structure

[8]

QUESTION 9

Drawing on your knowledge of the prescribed works you have studied, choose one work International/South African and discuss the following:

- 9.1 Name the composer. (3)
- 9.2 Give the composer's biographical information. (2)
- 9.3 Discuss the relationship between the music and the dance movement used in the work. [5]

30 marks

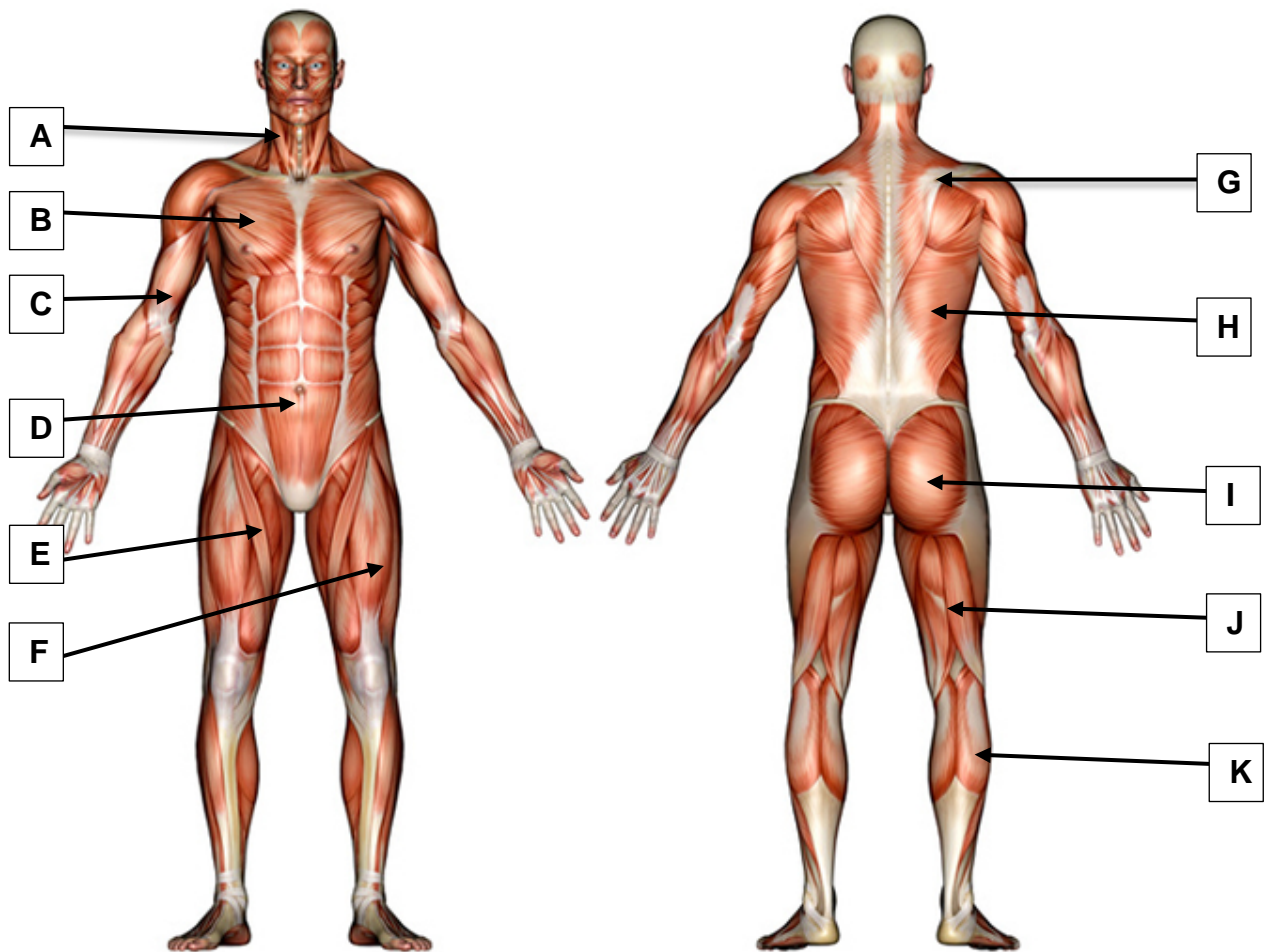
SECTION C ANATOMY AND HEALTHCARE**QUESTION 10**

Study the diagram of the muscles of the body below and indicate the following:

10.1 Give the correct anatomical name for the muscles labelled A to K. (11)

10.2 Describe one of the main actions of the muscles you have labelled in Question 10.1. (11)

(Remember to name each muscle before you describe it.)



[Source: <www.shapesense.com>]

[22]

QUESTION 11

The photograph below is a good example of endurance. Answer the questions that follow.



[Source: <www.dancemagazine.com>]

- 11.1 Give a brief definition of endurance. (1)
 - 11.2 Explain the different types of endurance. (4)
 - 11.3 Recommend exercises to develop and improve the different types of endurance. Give at least **TWO** examples of each. (4)
 - 11.4 Name and describe **FOUR** components of fitness not listed above that dancers need to include in their training programme. (4)
- [13]**

QUESTION 12

Study the photograph below and answer the questions that follow.



[Source: <www.pinterest.com>]

- 12.1 What type of joint is the hip joint? (1)
 - 12.2 Name the TWO anatomical actions occurring in the LEFT hip. (2)
 - 12.3 Name the anatomical action occurring in the RIGHT knee and LEFT knee. (2)
 - 12.4 Name the prime mover of the action in the RIGHT knee. (1)
 - 12.5 Name the anatomical action occurring in the RIGHT ankle. (1)
 - 12.6 Name the prime mover of the action in the RIGHT ankle. (1)
- [8]**

QUESTION 13

The picture below shows a good example of flexibility.



[Source: <www.dreamstime.com>]

Explain **THREE** examples of stretching techniques that could be used to improve flexibility to enhance your dance performance.

[6]

QUESTION 14

A dancer's body is exposed to physical stress every day and is prone to injury. Choose **ONE** factor from the list below and elaborate on how this factor can lead to injury and give an example of treatment.

- Overuse or excessive training
- Poor technique
- Physical limitations


[6]

QUESTION 15

Look at the following label at the back of a packet of chips.

15.1 Identify the fats as listed on the label and explain the differences between them. (3)

15.2 State why it is important to have fats in our food. (2)



Ingredients: Potatoes, Sunflower Oil and/or Corn Oil, and Salt.
No Preservatives.

Nutrition Facts

Serving Size 1 oz.

Amount Per Serving	
Calories 150	Calories from Fat 90
% Daily Value*	
Total Fat 10g	16%
Saturated Fat 1g	6%
Polyunsaturated Fat 4.5g	
Monounsaturated Fat 4.5g	
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	7%
Potassium 330ml	9%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 2g	
Vitamin A 0%	Vitamin C 10%
Calcium 0%	Iron 2%
Vitamin E 6%	Thiamin 2%
Niacin 6%	Vitamin B6 4%
Phosphorus 4%	Magnesium 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

[Source: <www.healthyeatingrocks.com>]

[5]

60 marks

Total: 150 marks