



NATIONAL SENIOR CERTIFICATE EXAMINATION
NOVEMBER 2013

DANCE STUDIES

Time: 3 hours

150 marks

PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY

Please answer Section B first. Listen to the music on the CD, and answer the questions.

1. This question paper consists of 8 pages. Please check that your question paper is complete.
 2. Read the questions carefully.
 3. Number your answers exactly as the questions are numbered in the question paper.
 4. You are required to answer **all** the questions.
 5. All answers must be in essay/paragraph format unless otherwise stated.
 6. Begin each section on a new page.
 7. Leave **THREE** lines open after each answer.
 8. It is in your own interest to write neatly and legibly.
 9. Credit will be given (where appropriate) for:
 - interpretation and explanation.
 - evidence of personal observation and understanding.
 10. You may choose to stand up and move your body at your desk for some anatomy questions.
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SECTION A HISTORY

Refer to the table of prescribed choreographers and works provided below when answering Question 1 and Question 2. **Do not write about the same choreographer twice.**

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS	SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
George Balanchine	Apollo or Agon	Veronica Paeper	Orpheus in the Underworld
Alvin Ailey	Revelations	Vincent Mantsoe	Gula Matari
Martha Graham	Appalachian Spring or Lamentation	Alfred Hinkel	Last Dance (Bolero)
Christopher Bruce	Ghost Dancers or Rooster	Sylvia Glasser	Transformations
Sir Kenneth Macmillan	Romeo and Juliet	Gary Gordon	Bessie's Head
Vaslav Nijinsky	Le Sacre du Printemps	Mavis Becker	Flamenco de Africa
Paul Taylor	Esplanade	Hazel Acosta	Blood Wedding
		Carolyn Holden	Imagenes/Blood Wedding

QUESTION 1*Art reflects society*

Many choreographers use their craft to provide comment on, or draw attention to issues in the society and the times in which they live. Choose a choreographer (either international or South African) and one of his/her works from the table above and provide the following information:

- Give brief biographical information about the choreographer you have chosen. (3)
 - Name the piece you will be referring to and give the date it was choreographed. (1)
 - Give a brief synopsis of the piece. (4)
 - Describe how the choreographer uses the craft of choreography to make comments about an issue of the time. Refer to costume, lighting, music and movement. (12)
- [20]**

Use the following rubric to guide your answer to bullet four.

Levels	Criteria
7 (10 – 12 marks)	The candidate's response is mostly clear, insightful and accurate. He/she discusses the craft of choreography fully and is able to substantiate clearly and convincingly how the choreographer uses this to convey his/her ideas.
6 (9 marks)	The candidate's response is good, showing some insight and accuracy. He/she includes good information on the craft of choreography, giving good insight into how the choreographer uses this to convey his/her ideas.
5 – 4 (6 – 8 marks)	The candidate's response is fair, but is lacking in insight and accuracy. He/she includes some information on the craft of choreography, giving adequate insight into how the choreographer uses this to convey his/her ideas.
3 (5 marks)	The candidate's response shows some knowledge of the facts, but lacks insight and substantiation. He/she includes very little information on the craft of choreography and provides little insight into how the choreographer uses this to convey his/her ideas.
2 (4 marks)	The candidate's response is weak, showing very little insight and accuracy. The information on the craft of choreography and on how the choreographer uses this to convey his/her ideas lacks detail and substantiation.
1 (0 – 3 marks)	The candidate fails to give an adequate answer to the question.

QUESTION 2

A tribute performance of the work of a choreographer (either international or South African) you have studied has been organised for your city. **(Do not write about the same choreographer as in Question 1.)** You have to write an introductory speech giving the audience the following information:

- Brief biographical facts including information on his/her dance training, influences and inspirations. (6)
 - Give a synopsis of the piece of choreography to be performed. (3)
 - Describe how the choreographer conveys his/her ideas. Refer to movement, costume, music, lighting and any other theatrical effects. (11)
- [20]**

Use the following rubric to guide your answer to bullet three.

Levels	Criteria
7 (10 – 11 marks)	The candidate's response is mostly clear, insightful and accurate. He/she discusses how the choreographer brings his/her ideas across fully and is able to substantiate his/her ideas clearly and convincingly.
6 (9 marks)	The candidate's response is good, showing some insight and accuracy. He/she includes good information on how the choreographer conveys his/her ideas, giving good examples and explanations.
5 – 4 (6 – 8 marks)	The candidate's response is fair, but is lacking in insight and accuracy. He/she includes some information on how the choreographer conveys his/her ideas giving adequate examples and explanations.
3 (5 marks)	The candidate's response shows some knowledge of the facts, but lacks insight and substantiation. He/she includes very little information on how the choreographer conveys his/her ideas and provides few examples or explanations.
2 (4 marks)	The candidate's response is weak, showing very little insight and accuracy. The information on how the choreographer's ideas are conveyed lacks detail and substantiation.
1 (0 – 3 marks)	The candidate fails to give an adequate answer to the question.

QUESTION 3

An International Dance Conference is to be held in your city. You have been asked to take the international delegates to a performance of African Dance. Prepare an information sheet to guide their viewing of the performance.

You must include the following:

- Information on the principles of African dance. (4)
 - Give a descriptive analysis of THREE examples of the types of rituals the dance pieces may explore. (6)
- [10]**

QUESTION 4

You have been asked to plan a short lecture demonstration to encourage Grade 9 learners to take dance as a subject in Grade 10. Your presentation should convey information about the style of dance on offer at your school and the types of tasks they will be required to do. Draw from your personal experience as a Dance Studies learner.

Propose some ideas to make your lecture demonstration an exciting event.

- 4.1 Oral presentation (write out your speech as you would present it). (5)
- 4.2 Practical demonstration. (5)
- [10]**

Use the following rubric to guide your answer.

Content	5	4	3	2	1
Oral presentation	Clear and inspiring. All relevant information included.	Interesting oral with good information. Focused on facts.	Informative and factual, but not very inspiring.	Information not clear and lacks inspiring facts.	Little or no information or description.
Practical demonstration	Clearly demonstrates understanding of chosen style.	Good demonstration of chosen style.	Demonstration of style adequate.	Demonstration of style clear but without detail.	Little or no information given.

60 marks

SECTION B MUSIC**QUESTION 5**

Match the description in Column A to the appropriate word in Column B.

(Write your chosen letter next to the appropriate number from the table, e.g. 5.1 G)

	COLUMN A		COLUMN B
5.1	Lower or higher notes	A	Aerophone
5.2	Music made up of several tunes occurring at the same time	B	Rests
5.3	Musical signs indicating short or long silences	C	Pitch
5.4	Instruments that use air to make a sound	D	Polyphonic
5.5	This Italian term means to play very softly	E	Membranophone
5.6	The drum belongs to this category of instruments	F	Pianissimo

[6]

QUESTION 6

There are four tracks on your CD. Listen to all four and give the following information:

- 6.1 Identify the genre and time signature for each track. Remember to number the tracks carefully according to the CD. (For example Track 1, Track 2, Track 3 and Track 4) (8)
- 6.2 Choose ONE of the tracks on the CD and provide the following relevant information. **(Remember to give the number of the track you have chosen.)**
- 6.2.1 Melody. (3)
- 6.2.2 Harmony/dissonance. (2)
- 6.2.3 What Italian term would best describe this piece? (1)

[14]

QUESTION 7

Discuss the music of one piece of choreography you have studied. Make reference to the following:

- 7.1 Identify the dance work and the choreographer. (1)
- 7.2 Supply information about the composer, i.e. his/her name and nationality. (2)
- 7.3 Describe the style and instrumentation of the music. (3)
- 7.4 Explain how the music contributes to the dance. (4)

[10]

30 marks

SECTION C ANATOMY AND HEALTHCARE**QUESTION 8**

Study the diagram of the muscles of the body on the Answer Sheet and do the following:

(Remember to write your examination number on the Answer Sheet.)

8.1 Label the following muscles on the diagram. Draw a line to each muscle and write the name alongside it.

- Pectoralis major
- Biceps brachii
- Serratus anterior
- Latissimus dorsi
- External obliques
- Gluteus maximus
- Gastrocnemius
- Sartorius
- Rectus femoris

(9)

8.2 Describe the actions of the muscles listed below.
Provide the answer to Question 8.2 in your Answer Books.

- Pectoralis major
- Bicep brachii
- Latissimus dorsi
- Gluteus maximus
- Sartorius

(3)

(3)

(3)

(3)

(3)

(Remember to name each muscle before you describe it.)

[24]

QUESTION 9

It is generally accepted that a dancer should acquire the following components of fitness to prevent injury:

- Strength
- Flexibility
- Endurance

(3)

(3)

(3)

Draw up a table to be displayed in the dance studio giving a clear and concise explanation of each of these components of fitness.

[9]

QUESTION 10

As a dancer one has to realise that injury prevention is vital. Write an article for a Dance Gazette on 'The causes of dance injuries'. You must have an eye-catching caption and provide the following information:

- 10.1 List FOUR factors related to the causes of dance injuries. (4)
- 10.2 Choose TWO of the factors you have listed above and explain them in more detail. (8)
You are required to give a minimum of FOUR points to explain each factor. [12]

QUESTION 11

Study the photograph of a dancer in action below and answer the questions that follow.



[700-0006100 (RM) © <www.visualphotos.com>]

- 11.1 Give the anatomical actions in the dancer's RIGHT hip, knee and ankle. (3)
- 11.2 Name TWO muscles responsible for the action in his RIGHT hip. (2)
- 11.3 Name ONE muscle responsible for the action in his RIGHT ankle. (1)
- 11.4 Give the anatomical action in his LEFT knee. (1)
- 11.5 Name the group of muscles responsible for the action in his LEFT knee. (1)
- 11.6 What is the action in his LEFT elbow? (1)
- [9]

QUESTION 12

It is commonly believed that the primary cause of an eating disorder is psychological.

Consider this statement and explain the symptoms, causes and possible treatments of an eating disorder you have researched to show whether you agree or disagree with this common belief.

[6]

Use the following rubric to guide your answer.

Levels	Criteria
7 (6 marks)	The candidate's response is mostly clear, insightful and accurate. He/she discusses and explains the eating disorder fully and is able to substantiate clearly and convincingly the symptoms, causes and treatments of the illness.
5 (5 marks)	The candidate's response is good, showing some insight and accuracy. He/she includes good information on the symptoms, causes and treatment of the disorder, which is well-described and explained.
4 (4 marks)	The candidate's response is fair, but is lacking in insight and accuracy. He/she includes some information on the symptoms, causes and treatment of the disorder, which are adequately described and explained.
3 (3 marks)	The candidate's response shows some knowledge of the facts, but lacks insight and substantiation. He/she includes very little information on the symptoms, causes and treatment of the disorder, and the description and explanation of these are weak.
2 (2 marks)	The candidate's response is weak, showing very little insight and accuracy. The information on the symptoms, causes and treatment of the disorder lacks detail and substantiation.
1 (0 – 1 mark)	The candidate has failed to give an adequate answer to the question.

60 marks

Total: 150 marks