



NATIONAL SENIOR CERTIFICATE EXAMINATION  
NOVEMBER 2012

**DANCE STUDIES**

Time: 3 hours

150 marks

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**PLEASE READ THE FOLLOWING INSTRUCTIONS CAREFULLY**

Please answer Section B first. Listen to the music on the CD, and answer the questions.

1. This question paper consists of 11 pages. Please check that your paper is complete.
  2. Read the questions carefully.
  3. Number your answers exactly as the questions are numbered in the question paper.
  4. All answers must be in essay/paragraph format unless otherwise stated.
  5. Begin each section on a new page.
  6. Leave THREE lines open after each answered question.
  7. It is in your own interest to write neatly and legibly.
  8. Credit will be given (where appropriate) for:
    - interpretation and explanation.
    - evidence of personal observation and understanding.
  9. You may choose to stand up and move your body at your desk for some anatomy questions.
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**SECTION A DANCE HISTORY**

<b>INTERNATIONAL CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
George Balanchine	Apollo or Agon
Alvin Ailey	Revelations
Martha Graham	Appalachian Spring or Lamentation
Christopher Bruce	Ghost Dancers or Rooster
Sir Kenneth Macmillan	Romeo and Juliet
Vaslav Nijinsky	Le Sacre du Printemps
Paul Taylor	Esplanade

**QUESTION 1*****'Dance is a universal language'***

Consider the commonly used statement above and relate it to ONE International choreographer from the above list of prescribed works. Write an essay giving the following information:

- Name the choreographer you have chosen and give his/her nationality and the time period in which he/she lived. (3)
  - Brief biographical notes on his/her early training, influences and inspirations. (5)
  - Referring to ONE of his/her works explain how the choreographer has used the 'language' of dance to convey his/her ideas. You should refer to movement, costume, set and lighting, and music. (12)
- [20]**

Use the following rubric to guide your answer for bullet three.

<b>Levels</b>	<b>Criteria</b>
<b>7</b> <b>(12 – 10 marks)</b>	The candidate's response is mostly clear, insightful and accurate. He/she discusses the 'language' of dance fully and is able to substantiate clearly and convincingly how the choreographer uses the dance 'language' to convey his/her ideas.
<b>6</b> <b>(9 marks)</b>	The candidate's response is good, showing some insight and accuracy. He/she includes good information on the 'language' of dance giving good insight into how the choreographer uses the 'language' to convey his/her ideas.
<b>5 – 4</b> <b>(8 – 6 marks)</b>	The candidate's response is fair, but is lacking in insight and accuracy. He/she includes some information on the 'language' of dance giving adequate insight into how the choreographer uses the 'language' to convey his/her ideas.
<b>3</b> <b>(5 marks)</b>	The candidate's response shows some knowledge of the facts but lacks insight and substantiation. He/she includes very little information on the 'language' of dance and provides little insight into how the choreographer uses the 'language' to convey his/her ideas.
<b>2</b> <b>(4 marks)</b>	The candidate's response is weak, showing very little insight and accuracy. The information on the 'language' of dance and on how the choreographer uses the 'language' to convey his/her ideas lacks detail and substantiation.
<b>1</b> <b>(3 – 0 marks)</b>	The candidate has failed to give an adequate answer to the question.

**QUESTION 2**

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
Veronica Paeper	Orpheus in the Underworld
Vincent Mantsoe	Gula Matari
Alfred Hinkel	Last Dance (Bolero)
Sylvia Glasser	Tranceformations
Gary Gordon	Bessie's Head
Mavis Becker	Flamenco de Africa
Hazel Acosta	Blood Wedding
Carolyn Holden	Imagenes/Blood Wedding

Referring to the list of prescribed South African choreographers above answer the following question:

What is unique about South African dance? Select a local choreographer from the list and explain how his/her work is specific to our country, regardless of the genre.

You should give the following information:

- Brief biographical information on your chosen choreographer, including his or her inspirations and influences. (5)
  - Give a brief synopsis of the piece. (3)
  - Explain how the choreographer conveys his/her unique interpretation through their choice of movement, costume and music. (12)
- [20]**

Use the following rubric to guide your answer for bullet three.

<b>Levels</b>	<b>Criteria</b>
<b>7</b> <b>(12 – 10 marks)</b>	The candidate's response is mostly clear, insightful and accurate. He/she discusses the dance fully in terms of movement, costume and music and is able to substantiate clearly and convincingly how the choreographer conveys his/her ideas in a unique way.
<b>6</b> <b>(9 marks)</b>	The candidate's response is good, showing insight and accuracy. He/she includes good information on the use of movement, costume and music, giving good insight into how the choreographer conveys his/her ideas in a unique way.
<b>5 – 4</b> <b>(8 – 6 marks)</b>	The candidate's response is fair, but is lacking in insight and accuracy. He/she includes some information on the use of movement, costume and music giving adequate insight into how the choreographer's ideas are unique.
<b>3</b> <b>(5 marks)</b>	The candidate's response shows some knowledge of the facts but lacks insight and substantiation. He/she includes very little information on the use of movement, costume and music and little insight into how the choreographer conveys his/her ideas in a unique way.
<b>2</b> <b>(4 marks)</b>	The candidate's response is weak, showing very little insight and accuracy. The information on the use of movement, costume and music and on how the choreographer conveys his/her ideas in a unique way lacks detail and substantiation.
<b>1</b> <b>(3 – 0 marks)</b>	The candidate has failed to give an adequate answer to the question.

**QUESTION 3**

At a Dance Studies Symposium on Indigenous and African dance you are asked to:

- 3.1 explain how African dance can be identified by describing the principles of the style. (6)
- 3.2 describe and explain the kind of rituals commonly used in Indigenous dance. (Refer to THREE common rituals). (4)

**[10]**

**QUESTION 4**

Dance Day is celebrated internationally on the 29<sup>th</sup> of April. The Department of Arts and Culture has asked for proposals for a piece showcasing South African dance to be performed for an international audience on this day of celebration.

Write a proposal outlining how you would tackle this project.

You should include the following information:

- 4.1 Describe and explain what style of dance you would include in the project to showcase dance in South Africa today. You may refer to your dance major or any other style you feel is appropriate. (5)
- 4.2 How you would organise the project taking into consideration
- the time frame (how much time would be needed to prepare for the project)
  - the age group and number of performers
  - the resources needed (people, materials and funding)
- (5)
- [10]**

Use the following rubric to guide your answer.

Content	5	4	3	2	1
Style appropriate to SA	Style chosen is appropriate to SA and its description includes clarity and insight.	Style is appropriate to SA. Clear description provided.	Style chosen is appropriate, but description lacks clarity and insight.	Adequate description, but very little insight or clarity in choice of style.	Little or no information or description.
Time frame, performers and resources	Information is given on all aspects and in a clear, realistic and substantiated manner.	Information is given on all aspects and in a clear and realistic manner.	Information is given but it is not clear enough and some detail is lacking.	Information given lacks detail and is unrealistic.	Little or no information given.

<b>60 marks</b>
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**SECTION B            MUSIC****QUESTION 5            MULTIPLE CHOICE**

5.1      The Italian term for a walking pace is

- A      largo
- B      moderato
- C      andante

5.2      The time signature of a waltz is

A      4  
         4

B      3  
         4

C      6  
         8

5.3      This Italian term means to play very softly:

- A      molto
- B      pianissimo
- C      fortissimo

5.4      Pitch is

- A      lower or higher notes.
- B      the volume of the notes.
- C      the speed of the music.

**[4]**

**QUESTION 6**

The CD you have been given includes four tracks of music. Listen to all four and give the time signature of each track. Remember to number each track as they are numbered on the CD, e.g. Track 1, Track 2, Track 3 and Track 4.

**[4]**

**QUESTION 7**

Listen to Track 1.

7.1      Name the genre of the music.

**(2)**

7.2      Discuss the music in relation to the melody, dynamics and mood.

**(6)**

**[8]**

**QUESTION 8**

Listen to Track 3.

- 8.1 Describe the instrumentation of the piece. (1)
  - 8.2 Identify and name ONE instrument on the track. (1)
  - 8.3 What category does the instrument you have named fit into? (1)
  - 8.4 What type of choreography would you consider suitable to this music? (5)
- [8]**

**QUESTION 9**

For many choreographers music has a huge influence on their work and in some cases the piece of music they choose forms part of their inspiration to choreograph. Choose one of the dance works you have studied and explain the significance of the music in the piece. Remember to name the composer and give the title of the piece.

Provide the following information:

- What instrumentation is used in the music? (1)
  - Describe the style and mood of the music. (2)
  - Explain how the music enhances the choreography. Why do you think the choreographer chose this piece of music? (3)
- [6]**

<b>30 marks</b>
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**SECTION C                    ANATOMY AND HEALTHCARE****QUESTION 10                Muscles of the Abdominal Wall**

10.1 List FOUR of the muscles of the abdominal wall. (4)

10.2 Describe the function of these muscles and explain why they are important to the dancer. (4)  
[8]

**QUESTION 11**

11.1 Dance is a high impact athletic pursuit. There are very specific requirements for the study of dance to prevent injury. These can basically be divided into environmental and physical factors.

Draw up a table listing the elements that may cause injury under these two headings.

Give THREE examples of each.

Environmental factors	Physical factors
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(6)

11.2 Choose ONE of the elements you have listed under Physical factors and explain it in detail. (4)  
[10]



**QUESTION 12**

When returning to dance class after a long break like the December holidays, most dancers experience extreme stiffness in their muscles and joints due to the lack of activity.

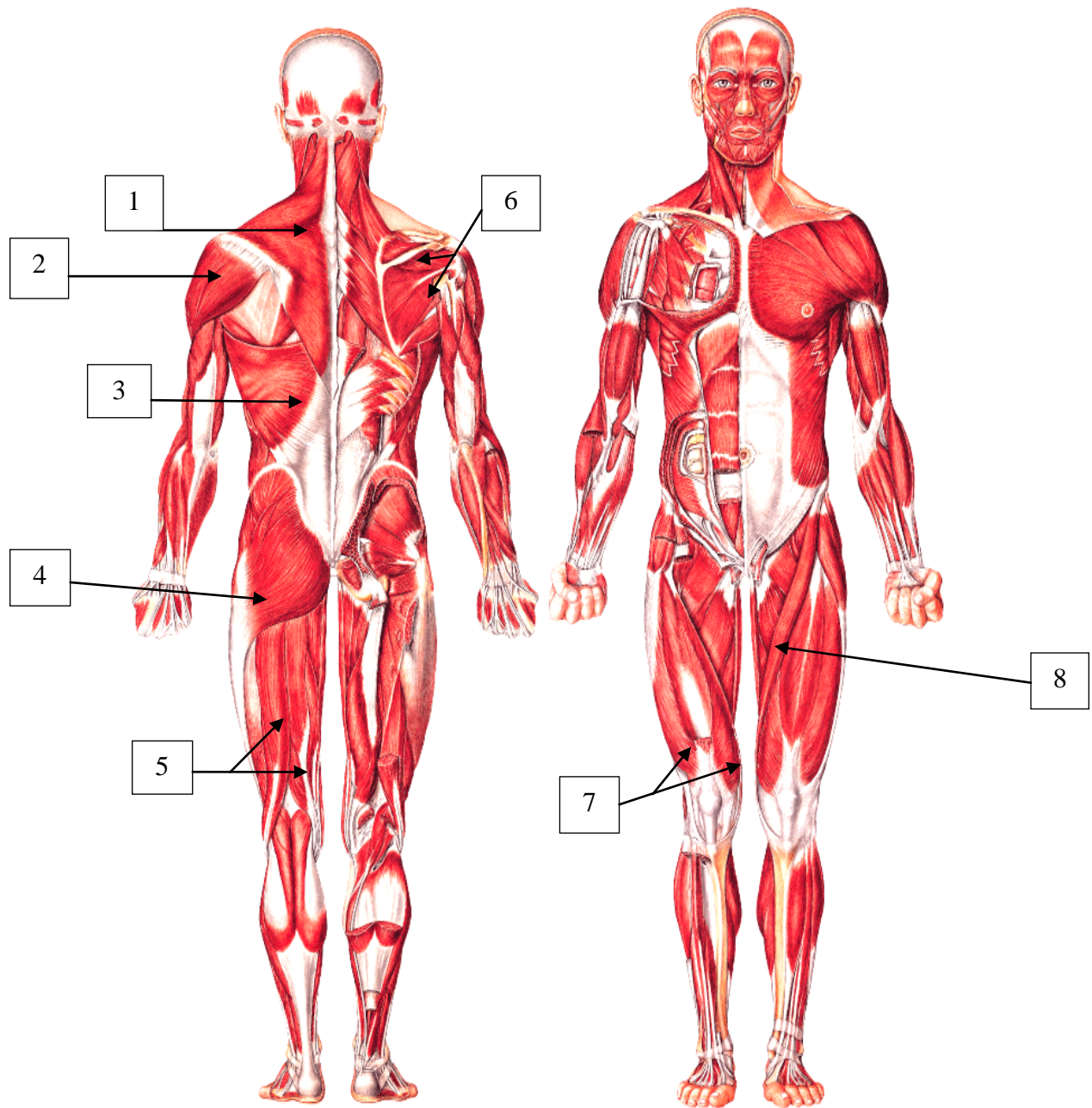
- 12.1 Explain and describe a good stretch routine to overcome this. (4)
- 12.2 Describe the involuntary action that occurs in your muscles as they are stretched. (4)
- [8]**

**QUESTION 13**

Study the photograph of a dancer in action below and answer the questions that follow. (Be careful to identify and refer to the DANCER'S right and left legs)



- 13.1 Give the anatomical actions in the dancer's LEFT hip, knee and ankle. (3)
- 13.2 Name one muscle responsible for the action in her left hip. (1)
- 13.3 Name the group of muscles responsible for the action in her knees. (1)
- 13.4 List the muscles responsible for the action in her ankles. (2)
- 13.5 Name the action of her torso. (1)
- 13.6 Give the anatomical term for the position of her hands. (1)
- 13.7 Which muscle is responsible for this position? (1)
- [10]**

**QUESTION 14**

Study the diagram of the muscles for the body above and answer the following questions.

14.1 Name all the labelled muscles. (8)  
(Note a GROUP NAME is required for labels 5, 6 and 7)

14.2 List two actions for each of the following muscles.

- Muscle number 3 (2)
- Muscle number 4 (2)
- Muscle number 7 (2)
- Muscle number 8 (2)

**[16]**

**QUESTION 15**

Dancers are subjected to many stereotypes. Being thin is possibly one of the most common and potentially the most damaging stereotype. The pressure to maintain a slim body can result in an eating disorder. Choose one of the eating disorders you have studied and discuss and explain the following:

- The possible symptoms and causes of the disorders.
- Describe the various treatments available for those who suffer from an eating disorder.

**[8]**

Use the following rubric to guide your answer.

<b>Levels</b>	<b>Criteria</b>
<b>7</b> <b>(8 – 7 marks)</b>	The candidate's response is mostly clear, insightful and accurate. He/she discusses and explains the eating disorder fully and is able to substantiate clearly and convincingly the symptoms, causes and treatments of the illness.
<b>6</b> <b>(6 marks)</b>	The candidate's response is good, showing good insight and accuracy. He/she includes good information on the symptoms, causes and treatment of the disorder, which is well described and explained.
<b>5</b> <b>(5 marks)</b>	The candidate's response is fair, but is lacking in insight and accuracy. He/she includes some information on the symptoms, causes and treatment of the disorder, which are adequately described and explained.
<b>4 – 3</b> <b>(4 – 3 marks)</b>	The candidate's response shows some knowledge of the facts but lacks insight and substantiation. He/she includes very little information on the symptoms, causes and treatment of the disorder, and the description and explanation of this are weak.
<b>2</b> <b>(2 marks)</b>	The candidate's response is weak, showing very little insight and accuracy. The information on the symptoms, causes and treatment of the disorder lacks detail and substantiation.
<b>1</b> <b>(1 – 0 mark)</b>	The candidate has failed to give an adequate answer to the question.

<b>60 marks</b>
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**Total: 150 marks**

**Please check that you have answered all 15 questions!**