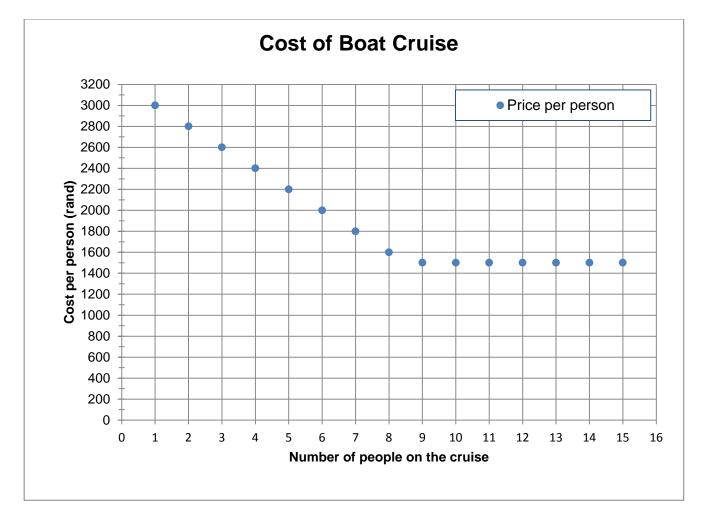
QUESTION 1.2



ANNEXURE 2

QUESTION 4

The sugar scale

We gathered a few popular drinks from our canteen's refrigerator to check how much sugar each one contains. The results were surprising. Even 'healthier' drinks, such as flavoured mineral water and drinking yoghurt, contain a large amount of sugar.

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Frams																	
0																	
_																	44,1
5														40.0	41 g	42,3 g	(330)
0 5 g = 1 teaspoon											38,8 g	39,2 g	40,6 g (330 ml)	(330 ml)	(330 ml)		
0				•				25 a	36,3 g	36,4 g	37 g	(500 ml)	(330 ml)	(,			
5							33,7 g (330 ml)	35 g (330 ml)	(330 ml)	(330 ml)	(330 ml)	\sim					
5					30 g	31,7 g	(000 111)	(,									
0		00.0	27 g	29,2 g (250 ml)	(500 ml)	(330 ml)											
-		<u>26,8 g</u> (250 ml)) (500 ml)	(200 111)													
5																	
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0	g																
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		NO		S.		oletise		a.s.			Al ni BT Dank	8	and a			The second	
5		SIP	and the second s	E	bonaguo	The second secon	K C	200	Spar- letta	C	IRON*	daard born mee	mast	anta	and	1	BU
	FUZE			Muld	SO		Spi	loca Cola	Sparberry	Spar- letta			INU-	None C		Schut	
		ANALY STREET	Statement H	r~			Solves Sec.		Andrey it partitioner	Birt gener	NUM AFAILAS FARMING		a Marian			Dry Louis	
Val	pré Fuze Te	a Yogi-Sip	Glaceau	Play	Bonaqua	Appletiser	Sprite	Coca-Cola	Sparletta	Sparletta	Sparletta	Powerade	Lemon	Fanta	Fanta	Schweppes	Fan
min	eral (Lemo	n (Apricot	Vitamin	energy	flavoured				Sparberry	Creme	Iron	(Island	Twist	Pineapple	Orange	Dry Lemon	Gra
wa	ter flavou) flavour	water (Dragon-	drink	water (Litchi					Soda	Brew	Burst flavour)					
			(Dragon- fruit		flavour)							navour)					
			flavour)														