

All you need to know about...



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Preparing for your
National Benchmark Test

2

Booking the right
Preparation for you

Skip the frills, click on a title below to find what you're looking for

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Why you should prepare for your NBTs

The NBT is a fundamentally different style of assessment than what you experience / prepare for at a school level and so not practicing or preparing seems silly.

There are no “process” marks in the NBT. Your answer is either right or wrong! This puts the weight firmly on accuracy and process.

Achieving good results in assessments is not just about competence, a fair amount has to do with confidence! With good, solid, timeous preparation and practice comes confidence.

Why you should prepare for your NBTs



- The **multiple choice** format proves challenging for learners who haven't practiced particularly because each section of this test is timed. Learners will need to develop a new skill called deductive reasoning in order to check that they have come to the correct answer in a short period of time.
- There is **no calculator allowed**. Removing a calculator from a learner often causes them to stumble in the test.
- There is growing competition to get into tertiary institutions and since the NBT is often used as a **placement assessment**, this could be the difference between learners getting into their university of choice or not.

NBT Preparation learning streams

Different learners cope better with different learning styles and some learners need a combination of learning styles to get the optimal preparation. Learners are able to book more than one type of learning stream outlined below for reinforcement of information they are learning. Click on any of the learning streams below to learn more about that learning stream and find the right preparation fit.



Online Course



Live Online Workshop



In-Person Workshop

Study online at your own pace

NBT Online Courses

Learners can take control of their learning timetable with NBT Online Courses.

Pause, play and rewind with a year's access to these online courses filled with NBT Preparation lesson videos and quizzes. Supplement a workshop with these lesson videos that are broken up into bite sized pieces.

Tap the tile below to get more information about each online course and book your preparation.

MAT Online Course

AQL Online Course

Combo of MAT & AQL

MAT Aanlyn Kursus

AQL Aanlyn Kursus

Kombinasie MAT & AQL

English

Afrikaans

Learn via live online Zoom lessons with a class.


Live Online Workshops are for learners who want the interaction of a classroom setting but the convenience of being able to join the lesson from anywhere. Join our Live Online Workshops for real-time interaction with an expert educator.

Live Online NBT Preparation

- AQL & MAT workshops
- NBT Digital Workbook
- Access to Advantage Learn mock NBT exams
- Available in English
- Q&A during the lesson
- Learn at a set date and time

Live Online NBT Preparation

Click the learn more link below to learn more about this NBT preparation workshop and book.



Book MAT & AQL separately

	Month	Date	Days & Times	Workshop Link
MAT	May	16 May - 17 May 2026	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	June	27 June - 28 June 2026	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	July	18 July - 19 July 2026	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
	Month	Date	Days & Times	Workshop Link
AQL	May	16 May 2026	Saturday 13:00 - 17:00	Learn more
AQL	June	27 June 2026	Saturday 13:00 - 17:00	Learn more
AQL	July	18 July 2026	Saturday 13:00 - 17:00	Learn more

Book a combo & get a discount!

10% off

10% off	May	16 May - 17 May 2026	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more
10% off	June	27 June - 28 June 2026	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more
10% off	July	18 July - 19 July 2026	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more

Prepare in-person in a classroom setting


NBT workshops are in-person classroom-style lessons. Taught by only the best educators, these workshops have been helping learners to succeed in the NBTs since 2013. Our workshops are available across all major metros in South Africa, giving you facetime with an educator.

In-Person NBT Preparation

- AQL & MAT workshops
- NBT Physical Workbook
- Access to Advantage Learn mock NBT exams
- Available in English
- Q&A during the lesson
- Learn at a set date and time

KwaZulu-Natal NBT Preparation

Click the learn more link below to learn more about this NBT preparation workshop and book.



Book MAT & AQL separately

	Month	Date	Location	Days & Times	Workshop Link
MAT	April	11 April - 12 April 2026	Ballito	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	May	17 May 2026	Durban	Sunday 08:00 - 12:00, Sunday 13:00 - 17:00	Learn more
MAT	May	30 May - 31 May 2026	Upper Highway	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	June	27 June - 28 June 2026	Durban	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
	Month	Date	Location	Days & Times	Workshop Link
AQL	April	11 April 2026	Ballito	Saturday 13:00 - 17:00	Learn more
AQL	May	24 May 2026	Durban	Sunday 13:00 - 17:00	Learn more
AQL	May	30 May 2026	Upper Highway	Saturday 13:00 - 17:00	Learn more
AQL	June	19 July 2026	Durban	Saturday 13:00 - 17:00	Learn more

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10% off	May	17 May - 24 May 2026	Durban	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more
10% off	May	30 May - 31 May 2026	Upper Highway	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more
10% off	June	27 June - 28 June 2026	Durban	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more

Gauteng NBT Preparation

Click the learn more link below to learn more about this NBT preparation workshop and book.

Book MAT & AQL separately

	Month	Date	Location	Days & Times	Workshop Link
MAT	April	11 April - 12 April 2026	Sandton	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	May	16 May - 17 May 2026	Sandton	Sunday 08:00 - 12:00, Sunday 13:00 - 17:00	Learn more
MAT	June	27 June - 28 June 2026	Sandton	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	July	18 July - 19 July 2026	Sandton	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
	Month	Date	Location	Days & Times	Workshop Link
AQL	April	11 April 2026	Sandton	Saturday 13:00 - 17:00	Learn more
AQL	May	16 May 2026	Sandton	Sunday 13:00 - 17:00	Learn more
AQL	June	27 June 2026	Sandton	Saturday 13:00 - 17:00	Learn more
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10% off	June	27 June - 28 June 2026	Sandton	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more
10% off	July	18 July - 19 July 2026	Sandton	Saturday 08:00 - 12:00 & 13:00 - 17:00, Sunday 08:00 - 12:00	Learn more

Western Cape NBT Preparation

Click the learn more link below to learn more about this NBT preparation workshop and book.



Book MAT & AQL separately

	Month	Date	Location	Days & Times	Workshop Link
MAT	April	11 April - 12 April 2026	Durbanville	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	May	16 May - 17 May 2026	Camps Bay	Sunday 08:00 - 12:00, Sunday 13:00 - 17:00	Learn more
MAT	June	20 June - 21 June 2026	Wynberg	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
MAT	June	27 June - 28 June 2026	Camps Bay	Saturday 08:00 - 12:00, Sunday 08:00 - 12:00	Learn more
	Month	Date	Location	Days & Times	Workshop Link
AQL	April	11 April 2026	Durbanville	Saturday 13:00 - 17:00	Learn more
AQL	May	16 May 2026	Camps Bay	Sunday 13:00 - 17:00	Learn more
AQL	June	20 June 2026	Wynberg	Saturday 13:00 - 17:00	Learn more
AQL	June	27 June 2026	Camps Bay	Saturday 13:00 - 17:00	Learn more

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Premium
offer!

Don't have time? Book a Premium Pass

- + Our **complete** NBT Preparation offering for one simple, straightforward price.
- + **Get access to one of each of our NBT Preparation options for MAT and AQL.**
- + A **dedicated NBT guide** who will contact you to book your workshop dates, online access etc. to save you the hassle of having to select your workshop and online courses through checkout.

R7,678

Book Now



Want to **learn more about the NBTs** including information about where to book, what to expect on your test day and more?

[Read more about NBTs](#)